

APRIL 14 – 27, 2014 WITH JOHN GILCHRIST

TOULOUSE TO BORDEAUX THE SOUTHWEST OF FRANCE

The southwest of France is filled with historical sites from the Paleolithic caves of Lascaux and the cliff-clinging village of Rocamadour to the walled fortress of Carcassonne and the sandy Dune de Pyla at Arcachon. We'll visit them all on a tour from Toulouse to Bordeaux with time for many sumptuous meals in between.

The southwest is known for its food from the foie gras of Toulouse and the walnuts of Sarlat to cheeses from every village and fine wines from Cahors and Bordeaux, all available in local markets. We'll walk ancient Roman streets, climb medieval parapets and visit museums filled with classical and impressionist art. At either end of the trip we'll settle into two of France's major cities—Toulouse and Bordeaux—for a few days, enjoying the hospitality, history and contemporary life of each city.

Join us on this exciting two-week visit to France that will be packed with the best of history, art, food and wine.



Orientation

The orientation course will consist of two Thursday evenings on April 3 and 10, 2014, 7 – 9:30 pm, held at the University of Calgary campus. These classes will provide participants with the overview of the program. Discussion topics include history, food and culture of the region, as well as background information on the sites we will be visiting. The itinerary, travel arrangements, and health matters will be discussed in detail.

Itinerary

Included meals are shown following the daily itinerary.

B: Breakfast, L: Lunch, D: Dinner

APRIL 14 Depart Calgary for Toulouse.

APRIL 15 Arrive in Toulouse, check into our hotel and stretch our legs with an orientation walk in the city. Dinner will be at a lively French tapas bar overlooking Place Saint-George. (D)

APRIL 16 Explore Toulouse, the Pink City, on a guided walking tour. Some of the sites include Le Capitole (a remarkable building with eight pink marble columns and its Henri IV courtyard), the millennium-old Basilique Saint-Sernin (the largest Roman church in the western world) and L'ensemble conventuel des Jacobins (a 13th Century monastery) which is a brick gem of Languedoc Gothic art. We'll have lunch along the way, with a side trip to visit a woad shop, learning about "blue gold," the pastel of the Renaissance. (B, D)

APRIL 17 We ride our motor coach to Castre, where we'll visit the Goya Museum. Then on to Carcassonne, a spectacular walled city where we will walk the old cobblestone streets and have lunch. We'll then return to Toulouse for dinner on our own. (B)

APRIL 18 The morning takes us to Toulouse's huge Victor Hugo market for a wine and foie gras tasting. The afternoon is on our own in Toulouse and then we'll regroup for dinner. (B, D)



APRIL 19 Today we head out to Albi for a visit to the Toulouse Lautrec Museum housed in the old bishop's palace. Following lunch, we'll tour the World Heritage site of Albi and learn the history of this ancient city. We will return to Toulouse for a final dinner. (B, D)

APRIL 20 En route to Cahors we'll visit the medieval hilltop village of Saint Cirque Lapopie, and then on to Cahors for lunch and a tasting of the local Malbec wines.

In the afternoon we'll do a walking tour of the town, the old capitol of Quercy, before heading to our hotel for dinner. (B, D)

APRIL 21 We're off to the cliff-clinging village of Rocamadour today, and then a visit to Castelnaud-Bretenoux castle. Continuing on, we'll arrive in Sarlat late in the day, and have a brief stroll after checking into our hotel, and then enjoy a delicious dinner. (B, D)

APRIL 22 Today we visit Sarlat with a morning walking tour of the city. Then we'll tour the Dordogne Valley, stopping in at its picturesque villages.

In Beynac we'll explore the castle of Beynac, and then take a boat ride on the river. Along the way, we'll visit a duck farm and taste some foie gras. Then back to Sarlat for dinner on our own. (B, L)

APRIL 23 Today we'll visit the reconstructed Cave of Lascaux to see its Palaeolithic paintings. Then, onwards to Roque Saint-Christophe, a unique village tucked under a massive overhanging rock. (B, D)

APRIL 24 En route from Sarlat to Bordeaux, we'll stop in at Perigueux where we'll visit the ancient site of Vesunna. Then it's on to St Emilion to tour the huge church that's carved into the rock face of the cliff. After lunch, we'll visit a winery before heading on to Bordeaux. Arriving in Bordeaux, we'll check into our hotel and take an orientation tour of the city. (B, D)

APRIL 25 Today we take a walking tour of Bordeaux which takes us through the history of this lovely city, the cathedral, the old Roman streets and the new (Canadian-built) transit system. There'll be some time in the afternoon for shopping in Bordeaux's renowned retail district, and then dinner on our own. (B)

APRIL 26 Today we tour the coast, visiting an oyster farm – and tasting the oysters – at Arcachon. Lunch on the beach is followed by a climb up the Dune de Pyla. Back to Bordeaux for a little more wine and a farewell to France dinner. (B, D)

APRIL 27 Return to Calgary.

Accompanying Resource Person

John Gilchrist teaches Food and Culture Programs for Continuing Education at the University of Calgary. He has led numerous travel programs to France, Italy, Thailand, Cambodia, and several cities in the United States. John is a Calgary-based food writer and instructor who has reviewed restaurants for CBC Radio One since 1980. He is the author of nine best-sellers on dining in the Calgary area. He writes a regular food business column for the Calgary Herald and is a contributing editor to Avenue magazine and Where Calgary. He attributes some of his love of art and history to the decade he spent working at the Glenbow Museum.

Cost

Airfare	\$1,850
Land, tuition and other costs	\$6,000
GST	\$60
TOTAL	\$7,910
Single supplement:	\$1,300

Cost includes: Tuition and two-week orientation course, airfare, accommodation, transfers, all surface travel, and meals as listed in the itinerary. A deposit of \$500 is required with the registration form. There is a \$200 withdrawal fee prior to the final payment date. Final payment is due on November 15, 2013. Please see the Refund Policy section for withdrawal/refund procedures and liabilities. Fees are based on the information available at the time of print and are subject to change to reflect any changes in currency rates, airfares, or land costs. There are possibilities of decreases or increases, and any changes will be reflected on the final payment and passed on to the participant. All fees are based on double occupancy.



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Lois Kokoski

Program Director, Travel Study

Lois has traveled to over 85 countries and has been involved with the U of C Educational Travel Study Program for 24 years. In this time she has coordinated hundreds of trips and has taken many groups abroad.

GENERAL INFORMATION

Fees

Cost includes: tuition, orientation course, airfare, accommodation, transfers, all surface travel, and meals as listed in the itinerary. A deposit is required with the registration form. There is a withdrawal fee prior to the final payment date. Fees are based on the information available at the time of print and are subject to change to reflect any changes in currency rates, airfares, or land costs. There are possibilities of decreases or increases, and any changes will be reflected on the final payment and passed on to the participant. All fees are based on double occupancy. Fees in all programs exclude airport taxes, passport and visa fees, luggage, cancellation, medical and other personal insurance, gratuities for local guides, wine, liquors, and other items not specifically mentioned as included and other personal services.

Single Supplement

The single supplement fee is listed in each program description. Every

effort is made to find a suitable roommate for those who wish to share, however, if this is not possible, a single supplement charge will be applied.

Insurance

We highly recommend cancellation and medical insurance. Information will be sent out at the time of final payment.

Liability and Responsibility

University of Calgary and its travel agents will exercise all reasonable care in making arrangements for conducting the tour. They are, however, acting only in the capacity of an agent and do not assume liability for any damage to persons or property resulting from or arising out of any act or inadvertence of any hotel, carrier, restaurant, or other company or persons rendering any of the services included in the tour or for any damage caused by other factors beyond their control. The passage contract in use by the airlines concerned

when issued shall constitute the sole contract between the airlines and passengers. All prices are based on current international exchange rates and airfare prices at the time of planning the tours, and are subject to change. In the event that it becomes necessary or advisable to alter the itinerary or arrangements for any reason whatsoever, such alterations may be made. Additional expenses, if any, shall be borne by the participants; conversely refunds will be made to participants if any savings are affected thereby. The right is reserved to decline, accept, or retain any participant or tour member at any time.

Refund Policy

Please call 403-220-5052 or write to Lois Kokoski at the address on this page. Up to the final payment date, a cancellation fee of \$200 will apply. After the final payment date, the amount of refund will depend on the amount recoverable from the tour operators. We highly recommend insurance.

Registration

Please complete the registration form on the back cover and mail it with your deposit.

Contact Information

Lois Kokoski, Program Director
Educational Travel Study Program
Phone 403.220.5052
Fax 403.284.9242
kokoski@ucalgary.ca
conted.ucalgary.ca/travelprograms

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Mailing List

If you wish to be removed from our mailing list, please email mkuczaj@ucalgary.ca or kokoski@ucalgary.ca

CHOOSE YOUR ADVENTURE...

TANZANIA AND THE SERENGETI PLAINS
February 7 – 23, 2014 with Dr. Wayne Lynch

**TOULOUSE TO BORDEAUX:
THE SOUTHWEST OF FRANCE**
April 14 – 27, 2014 with John Gilchrist

**EXPLORE BARCELONA AND THE
CATALONIA REGION**
May 5 – 20, 2014 with Kenneth Brown

THE HISTORIC UKRAINE
May 13 – 29, 2014 with Dr. Valery Efimenko

CHICAGO'S GOT THE BLUES!
June 1 – 9, 2014 with John Charles Reid

**GREAT CITIES OF THE ADRIATIC:
FROM VENICE TO DUBROVNIK**
June 7 – 24, 2014 with Dr. John Humphrey

**WILD BORNEO:
RAIN FORESTS AND ORANGUTANS**
August 13 – 31, 2014 with Dr. Wayne Lynch

**AN ARCHAEOLOGICAL JOURNEY THROUGH
WESTERN TURKEY**
September 4 – 26, 2014 with Dr. John Humphrey

WILD PATAGONIA AND EASTER ISLAND
November 14 – 29, 2014 with Dr. Wayne Lynch

**YELLOWKNIFE:
AURORA BOREALIS AT ITS BEST**
March 9 – 14, 2015 with Dr. Wayne Lynch

PERSONAL INFORMATION

NAME _____

DATE OF BIRTH (MM/DD/YYYY) _____

HOME PHONE _____

WORK PHONE _____

CELL PHONE _____

ADDRESS _____

FAX _____ EMAIL _____

OFFICIAL NAME (As it appears on your passport): _____

Will you be travelling with another person?

Yes Their Name: _____ No

Would you like to have a roommate? Yes No

Please note that if you wish to share, every effort will be made to find you a suitable roommate. However, if this is not possible, a single supplement will be applied.

PAYMENT

If you are registering for a trip, your deposit of \$500 must accompany this registration. Remit by credit card, cheque or money order in Canadian funds payable to University of Calgary.

CHEQUE ENCLOSED

CREDIT CARD PAYMENT:

Number: _____

Visa MasterCard American Express

Card Holder's Name _____

Expiry Date _____

Signature _____

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the program, forms part of the permanent student record, and will be used to notify you of other courses and programs. If you have questions about the collection or use of this information, or, if you want your name removed from our mailing list, call 403-220-2952.

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