

Berlin and Paris

OCTOBER 10 – 24, 2011
WITH JOHN GILCHRIST

For centuries, Berlin and Paris have been two of the world's major cities. Long rivals, sometimes enemies, the two cities are now integral cogs of the European Community. See how Berlin has reunited and modernized in the 22 years following the fall of the Berlin Wall. Enjoy a walk along the Seine with a view of the Eiffel Tower glittering in the night sky. Join us on this 14-day food and culture tour of Berlin and Paris. See the historic sites, stroll the Champs Elysee and Unter den Linden, and taste the culinary delights of both cultures: schnitzel and beer, confit and wine, and much, much more.

ORIENTATION

The orientation course will consist of two Thursday evenings, September 22 and 29, 2011, 6:30 – 9:30 pm, held at the University of Calgary campus. These classes will provide participants with an overview of the program, with lectures on history, food, and cultural development of the two cities, as well as background information on the sites we will be visiting. The itinerary, travel arrangements, and health matters will be discussed in detail.

ITINERARY

OCTOBER 10 – 11 Fly from Calgary to Frankfurt and then to Berlin. We'll check into our hotel and stretch our legs on a short orientation walk in downtown Berlin. Then we'll dine on German delights. (D)

OCTOBER 12 Today, a full-day tour of Berlin which will give us an overview of the city, including the Brandenburg Gates and Alexanderplatz. We'll stroll Unter den Linden and lunch on the best of the wurst that Berlin offers. Later we'll have dinner in a typical German Gasthaus. (B, D)

OCTOBER 13 East meets West in a visit to the Reichstag, the remains of the Berlin Wall, Checkpoint Charlie, and Potsdamer Platz. We'll look at the remnants of the communist days and at how Berlin is modernizing itself. (B, D)

OCTOBER 14 Museum Island is our destination today as we visit the Old National Gallery. After lunch on the island we're free to visit the other museums—the Old Museum (Greek and Roman), the Bode Museum (sculpture, numismatics), the Neues Museum (Greek and Egyptian), and the Pergamon Museum (Babylonian—or to stroll the Kurfurstendamm and Friedrichstrasse shopping streets of Berlin. (B, L)



OCTOBER 15 Off to Potsdam, the former playground of Prussian Kings. We'll visit the fairy-tale castles of Sanssouci, built by Frederick the Great. We'll have lunch in the Baroque city centre and dinner back in Berlin. (B, L, D)

OCTOBER 16 Our last day in Berlin takes us to the street markets—Turkish vegetable markets, German antique markets, and food and flea markets of all kinds. We'll finish the day with our final German dinner. (B, D)

OCTOBER 17 We're off to Paris today, flying into Charles deGaulle airport. After we check into our hotel, we'll have an orientation walking tour of the City of Light. (B, D)

OCTOBER 18 A tour of Paris familiarizes us with the highlights of Paris: the Eiffel Tower, the Arc de Triomphe, the Notre Dame Cathedral, and the Champs Elysee. Stand at the epicentre of French culture on the Ile de France and enjoy lunch in the Latin Quarter. Dinner will be at a lively French brasserie. (B, D)

OCTOBER 19 Off to the Musee D'Orsay to see some of Monet's works as well as those of his contemporaries. The Musee D'Orsay



Paris, France

is housed in a renovated train station built at the time of the Impressionists and also displays architecture, decorative arts and jewellery. After lunch in the museum we're free to stroll the banks of the nearby Seine and soak up Paris on our own. We'll regroup for dinner at a classic French bistro. (B, L, D)

OCTOBER 20 Spend the morning in the Louvre, starting with a morning guided tour and a lunch. Return to the galleries on our own to gaze at Mona Lisa or hit the streets for strolling and shopping. Dinner at another of Paris's lovely cafes. (B, D)

OCTOBER 21 A day trip into the countryside takes us to the gardens at Giverny, Claude Monet's home from 1883 to 1926. We'll stroll the gardens in their spring glory and see the inspiration for Monet's impressionist works. (B, L)

OCTOBER 22 A short bus ride takes us to Versailles to tour the glorious architecture and gardens started by Louis XIV in the 1660s. Following our visit to Versailles we'll be dropped off in the Montmartre, the artists' section of Paris for a late lunch and casual stroll through the neighbourhood. (B, L)

OCTOBER 23 Our last day in Paris you can spend at your leisure visiting a museum, garden, cemetery, the robust Marais district, the lush Luxembourg Gardens, or the manicured Champs de Mars. A farewell dinner will cap our visit to Paris. (B, D)

OCTOBER 24 Return to Calgary. (B)

ACCOMPANYING RESOURCE PERSON

John Gilchrist teaches Food and Culture Programs for Continuing Education at the University of Calgary. He has led numerous travel programs to France, Italy, Thailand, Cambodia, and several cities in the United States. John is a Calgary-based food writer and instructor who has reviewed restaurants for CBC Radio One since 1980. He is the author of nine best-sellers on dining in the Calgary area. He writes a regular food business column for the Calgary Herald and is a contributing editor to Avenue magazine and Where Calgary. He attributes some of his love of art and history to the decade he spent working at the Glenbow Museum.

COST

INTERNATIONAL AIRFARE	\$1,600
DOMESTIC AIRFARE	200
LAND, TUITION AND OTHER COSTS	5,325
GST	55
TOTAL	7,180
SINGLE SUPPLEMENT	+1,200

COST INCLUDES Tuition and two-week orientation course, airfare, accommodation, transfers, all surface travel, and meals as listed in the itinerary. The tuition portion of \$1,100 will be shown as a tax deduction on the final payment receipt. A deposit of \$500 is required with the registration form. There is a \$200 withdrawal fee prior to the final payment date. Final payment is due on May 1, 2011. Please see the Refund Policy section for withdrawal/refund procedures and liabilities. Fees are based on the information available at the time of print and are subject to change to reflect any changes in currency rates, airfares, or land costs. There are possibilities of decreases or increases, and any changes will be reflected on the final payment and passed on to the participant. All fees are based on double occupancy.