Advanced Clinical Supervision in Psychology
CPE 140 - XXX
Winter 2020

Instructor: TBD
Email:

For information about course operations, contact Dr. Jose Domene, Chair of the Counselling Psychology Program, University of Calgary jfdomene@ucalgary.ca

Course Duration: February 5 to April 20, 2020

Required Text:

Bernard, J. M., & Goodyear, R. K. (2019). *Fundamentals of clinical supervision* (6th ed*.).* New York, NY: Pearson Education.

The textbook is available at the University of Calgary Bookstore. Online ordering is available via the web (www.calgarybookstore.com) or by telephone, at 1-877-220-5937 (toll free) or (403) 220-5937. Please inform the bookstore you are registering for CPE 140.

Recommended Text:

Shepard, B., Martin, L., & Robinson, B. (Eds.). (2016). Clinical supervision of the Canadian counselling and psychotherapy profession. Ottawa, ON: Canadian Counselling & Psychotherapy Association.

Required Readings:

Additional materials will be provided within the course at no additional charge.

Course Description

The codes and standards governing the profession of psychology require that psychologists undertake professional activities for which we are competent by way of education, training, and experience (Canadian Psychological Association, 2000). For example, the College of Alberta Psychologists (2010) defines competence as "knowledge, skills, judgment and diligence." The Canadian Psychological Association recognizes that "supervision is a specialized area of psychological activity that has its own foundation of knowledge and skills that are enhanced by education and training (Canadian Psychological Association, 2017, p. 4). This course provides an overview of the *knowledge* component of competence in the specialization of supervision in professional psychology, and provides a foundation for the future development of applied skills in this area. The course is intended primarily for psychologists, as well as those with graduate degrees in other mental health disciplines (e.g., clinical social work, counselling therapy, marriage and family therapy) in Canada, who wish to increase their competency in the provision of clinical supervision to students, interns and early career practitioners. The course addresses: (a) supervision competencies; (b) models and approaches to supervision; (c) administrative, organizational, and evaluative aspects of providing supervision; and (e) relational and ethical dimensions of supervision.

Course Fee: $1,212 Members of the Psychologists' Association of Alberta (PAA) are eligible for a rebate of $175.00 from the PAA, upon presentation of proof of completion within six weeks of course.

Prerequisites:

- ▪ Registered Psychologists (including Registered Provisional Psychologists, and those with similar status)

- Others with a minimum of a master's degree in a mental health profession, with the permission of the Chair and/or instructor.

It is highly recommended that all participants who do not have prior experience with on-line courses also register in the University of Calgary Continuing Education's "Learning Online course." For dates, costs, and registration for the Learning Online course, go to:
[Educational Studies in Psychology](#)

Registration

Registration opens approximately 3 months before the course start date. You can register:
- on-line at: [Educational Studies in Psychology](#)
- by telephone at (403) 220-2988, toll free 1-866-220-4992

Note: We reserve the right to cancel the course in the event of insufficient registration.

Approach to Learning

This course uses a variety of approaches to learning: lecture, learning activities, readings, exercises, class discussion, case studies, self-reflection, guest speakers and student presentations. Unlike self-paced study courses, active participation with your peers is required throughout the course. Logging into your course through Desire2Learn (D2L) every few days is recommended. Consider this course and your classmates as a learning community. You are expected to contribute reflections and personal experiences that promote discussion and understanding of the course concepts.

Learning Resources

Your course will be delivered using Desire2Learn, the University of Calgary learning management system. Adobe Connect may also be used in your online or dual-delivery course. Adobe Connect is web conferencing software that provides interactive experiences to learners in a virtual classroom, and may also be used to record narrated presentations and lectures. For assistance with either system, or for library or IT support, please go to: http://conted.ucalgary.ca/services/learning/online-resources.jsp

Workload Expectations

The course will be delivered on-line. It will consist of approximately 40 hours of study running from February 5 to April 15, 2020. Registrants will be able to complete all of the work on-line in accordance with their personal schedules. While learners can schedule their reading ahead of time, they are required to participate in discussion forums contemporaneously with their colleagues each week.

Communicating Online & Netiquette

When students are respectful of others and careful of their writing style, online discussions can help to build a dynamic learning community.

To ensure your comments are well-organized, succinct and topical, think and plan before you write and review each comment before posting it. Check your spelling and grammar, and consider that your audience will not have the benefit of social cues, tone of voice or body language. It is easy to misinterpret other people's writing. As a rule, ask for clarification instead of making assumptions.

Also, please post general questions, resources and comments (unless they are personal) to the appropriate discussion topic where your peers can read and respond to them.

Course Schedule

Each module runs for one week starting on the Wednesday of each week during the course. More details are available online in Desire2Learn (D2L).

Course Modules

Advanced Clinical Supervision in Psychology Modules	Due Dates

Module One: Introduction to Clinical Supervision
 	
  1. Professionalization of supervision
  2. History of supervision
  3. Ethics and guidelines for supervision
	February 5 - 11

Module Two: Definitions and Competencies
 	
  1. Definitions of supervision
  2. Competency profiles in supervision
  3. Components of supervisory practice: The Contextual-Functional Meta-Framework
	February 12 - 18

Module Three: Models and Approaches to Supervision
 	
  1. Psychotherapy-based models of supervision
  2. Developmental approaches
  3. Supervision process models
  4. Second-generation models
	February 19 - 25

Module Four: Administrative and Organizational Context of Clinical Supervision
 	
  1. Entry to practice competency profiles and accreditation
  2. Administrative requirements
  3. Contracting and goal-setting
	February 26 – March 3

Module Five: Relational Roles in Supervision 1
 	
  1. *Clinical Educator*
  2. *Skill Development Coach*
  3. *Organizational / Administrative Supervisor*
	March 4 - 10

Module Six: Relational Roles in Supervision 2
 	
  1. The working alliance in supervision
  2. *Catalyst* (Transference and countertransference, Person of the therapist and supervisor)
  3. *Parallel Process Facilitator*
	March 11 - 17

Module Seven:
 	
  1. *Professional Mentor*
  2. *Personal Supporter* (Distinct from therapist)
  3. *Ethics / Risk-Management Consultant*
  4. *Advocate / System Change Agent*
	March 18 - 24

Module Eight: Relational Roles in Supervision 3
 	
  1. *Professional Gatekeeper* (Evaluation)
  2. Conflict Manager (Navigating interactions + reducing counter-productivity)
	March 25 – 31

Module Nine: Beyond the Basics in Supervision
 	
  1. Culture-Infused Supervisor Alliance: Culture and Supervision
  2. "An Ecology of Ideas": Theoretical Differences in Supervision and the Limits of Competence
	April 1 - 7

Advanced Clinical Supervision in Psychology Modules	Due Dates
Module Ten: Wrap-Up 1. Your personal approach to supervision 2. Phase of development in professional lifespan 3. Continuing competence plan 4. Supervision support networks	April 8 - 15

Course Assignments

You are required to complete three assignments. For assignment details, visit D2L. Each assignment will be graded on a *pass/fail* basis. Learners must pass all three components to pass the course. Please review the Learning Activities and Assignments column which outlines your weekly tasks.

Learning Activity	Percent	Date Due
Assignment 1: Weekly Discussion Board Forums	35%	Ongoing
Assignment 2: Leadership of one weekly online discussion topic	25%	Week assigned after sign up and instructor approval
Assignment 3: Paper - Develop your personal approach to supervision, including: • your individual integration and application of the knowledge presented in the course • your continuing competence plan to develop the *skill* component of competence	40%	11:59 p.m. MT, April 20, 2020

Certificate:

A certificate of completion will be issued by University of Calgary Continuing Education to those who successfully complete the course.

Continuing Education Grading System

Successful completion of this course will show as credit (CR). Unsuccessful completion of this course will show as a Did Not Complete (DNC). No letter grades will be provided for CPE 140 course sections.

Grades displayed in D2L are not official. You will receive an email with instructions to access your official course grade through the My ContEd Student portal.

Letter Grade	Percentage	Description
A+	95 – 100	**Outstanding**
A	90 – 94	**Excellent:** Superior performance, showing comprehensive understanding of subject matter.
A-	85 – 89	
B+	80 – 84	
B	75 – 79	**Good:** Clearly above average performance with knowledge of subject matter generally complete.
B-	70 – 74	
C+	67 – 69	
C	64 – 66	**Satisfactory (minimal pass):** Basic understanding of subject matter. Minimum required in all courses to meet certificate program requirements.
C-	60 – 63	**Unsatisfactory:** Receipt of a C- or less is not sufficient for certificate program requirements.
D+	55 – 59	**Unsatisfactory**
D	50 – 54	**Unsatisfactory**
F	0 – 49	**Fail**
AU		**Course Audit**: No course credit.
CR		**Completed Requirements**
DNC		**Did Not Complete:** DNC is a grade used when a student did not attend or complete a course and has not formally withdrawn from the course before the withdrawal deadline.

Academic Honesty

Any work that you submit in a Continuing Education course must be your own and must be created specifically for the course for which it is being submitted.

Go to the Continuing Education web page on Academic Honesty to learn more about plagiarism and the consequences of plagiarizing: http://conted.ucalgary.ca/services/planning/honesty.jsp

Academic Resources

All your course work must make use of the American Psychological Association (APA) citation style when you reference the work of others (or yourself). Learn more about APA here: https://owl.english.purdue.edu/owl/resource/560/01/

A narrated presentation on referencing information and how to avoid plagiarism: http://www.ucalgary.ca/cted/breeze/referencing

Continuing Education Policies and Procedures

For information about grades, refunds, withdrawals, transfers and forms, please visit: http://conted.ucalgary.ca/services/

Continuing Education Contact Information

Visit Us	**Call Us**	**Email Us**
Office Hours:	403.220.2866	conted@ucalgary.ca
Monday to Friday 8:30 a.m. to 4:30 p.m.	1.866.220.4992 (Toll-Free)	
Location:		
Energy Resources Research Building N140, 3512 33rd Street NW Calgary, AB		